



News & Views



Celebrating Real Family Values

Helpline 209.527.0776

P.O. Box 4311 • Modesto, CA 95352-4311

www.pflagmodesto.org

Dates to Remember

TIPS FOR A HAPPY HOLIDAY FOR GLBT PEOPLE

The holidays can be a stressful time for GLBT people or families with GLBT members, but there are several strategies that you can use to help reduce stress and create a happy holiday this year. If you are gay, lesbian, bisexual or transgender...

- * Don't assume you know how somebody will react to news of your sexual orientation or gender identity - you may be surprised.
- * Realize that your family's reaction to you may not be because you are GLBT. The hectic holiday pace may cause family members to act differently than they would under less stressful conditions.
- * Remember that "coming out" is a continuous process. You may have to "come out" many times.
- * Don't wait for your family's attitude to change to have a special holiday. Recognize that your parents need time to acknowledge and accept that they have a GLBT child. It took you time to come to terms with who you are; now it is your family's turn.
- * Let your family's judgments be theirs to work on, as long as they are kind to you.
- * If it is too difficult to be with your family, create your own holiday gathering with friends and loved ones.
- * If you are transgender, be gentle with your family's pronoun "slips". Let them know you know how difficult it is.

For more information, go to www.pflag.org and click on **Get Support**, then **For GLBT persons**, and then **Get PFLAG's Tips for the Holidays**.

Cabaret Night & Talent Show

BACK FOR A THIRD SEASON!

PFLAG Modesto will once again host the world renown Cabaret Night and Talent Show...

Date: **Tuesday, January 15, 2007**

Time: **7pm- 9pm**

Place: **Emanuel Lutheran Church, 324 College Ave.**

In order for this to be a success, as it was **LAST YEAR**, we need your talent **WHATEVER** it might be!

Please sign up to be a performer or work behind the scenes **NOW!**

Contact Alice Miller at 526-8812 or send Alice an e-mail at miller_clan@juno.com.

There will be a small entrance fee... \$5 general, with children under 12 free! Light refreshments and beverages will be served.

Cabaret Night replaces Bingo for January 2008. Bingo resumes on its regular third Tuesday in February.

Meeting days

1st and 3rd Tuesdays

Every month

**7 pm Support
8 pm Program**

December 4

Please come to the lively discussion meeting at PFLAG Modesto...

Birdcage

There will be no Birdcage in December.

December 18



POTLUCK CANCELLED

PFLAG Modest has cancelled the Holiday Potluck on December 2. We regret this development as we were looking forward to seeing everyone and sharing some wonderful food.

PFLAG Mission Statement:

PFLAG promotes the health and well being of gay, lesbian, bisexual, and transgender persons through: **support**, to cope with an adverse society; **education**, to enlighten an ill-informed public; and **advocacy**, to end discrimination and to secure equal civil rights. Parents, Families and Friends of Lesbians and Gays provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

Location Map:

	COLDWELL AVE.		
TULLY RD.	MJC	↑	COLLEGE AVE.
	STODDARD AVE.		↓
	Enter here Emanuel Lutheran Church		
324 College Ave. Modesto, CA			

**— Please —
No Smoking on
Church property**

Where your dues go... locally and nationally

In order for PFLAG Modesto to continue its good works, we need our membership to pay dues. Sadly, only 44% have paid their dues to date. Therefore, we continue to use the back page space to reiterate how your money is spent and include a handy membership form to print out and mail in along with your check.

Your dues go a long way both locally and nationally. Just ten dollars of your annual dues goes towards our local operating expenses...

- Provide meeting space twice monthly; 1st Tuesday - regular program and 3rd Tuesday - Bingo night
- Obtain Bingo supplies and refreshments (all prizes are donated)
- Printing and production costs for a monthly newsletter for our area
- Placement of an advertisement in the Modesto Teacher's Association publication, *MTA Best*
- Provide special event location for SCAP Gay Men's Chorus post-concert reception in December
- Placement of chapter name, logo and contact information in James Enoch's High School yearbook
- Professional financial accounting for the chapter
- Acquiring nationally known speakers
- Putting on a talent show, *Cabaret Night*, in January
- Maintenance of an internet presence at pflagmodesto.org
- Providing a Gay and Lesbian Film Festival, *MoFest 4*, coming in October of 2008
- Maintenance and acquisitions for our library of books and videos
- Monitoring a telephone helpline for our area
- Donate to other non-profits - Stanislaus Community Assistance Project, Birds of a Feather, and Stanislaus PRIDE Center

The remaining \$15 of your dues goes to PFLAG National where they are used to advocate for GLBT equality through civil rights legislation and legal protections, and to provide education and programs such as:

- **Straight for Equality:** The newest project designed to invite straight allies to be part of achieving equality for all
- **From Our House to the Schoolhouse:** Tools for creating safe schools and responding to harassment and bullying are at the center of these programs
- **Bringing the Message Home:** Annual in-district lobbying program that teaches everyday citizens how to become agents for change in their communities.
- **Welcoming Faith Communities:** Building connections between GLBT people and their families and faith communities
- **Families of Color Network:** Reaching out to ethnically diverse families of GLBT individuals

PLEASE PAY YOUR DUES!

October was dues month! Thank you so much to those of you who paid your dues on time. FOR THOSE OF YOU WHO HAVE NOT PAID YOUR DUES YET, PLEASE HELP US OUT BY PAYING THEM NOW!



Parents, Families and Friends of Lesbians and Gays Modesto Chapter

Membership **\$25 per household** includes annual membership in local and national PFLAG chapters, monthly local newsletter and two semi-annual national newsletters.

Name _____

Name _____

Address _____

City/zip _____

Phone _____

E-mail _____

If you would like to receive the PFLAG News&Views electronically, please be sure to fill in your e-mail address! Occasionally there is other local PFLAG news of timely interest. If you do NOT wish to be notified by e-mail check here

Unable to join at this time

Please continue to send me the Newsletter.

Make a donation I have enclosed a donation to PFLAG Modesto in the amount of \$_____

Volunteer Please call me to help. My special area of expertise is: _____

Total amount enclosed \$ _____

Please make checks payable to:

PFLAG Modesto

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